

YOUNGSTOWN HIPPODROME

TWICE DAILY 2:15 and 8:15

WEEK Starting Next Monday March 29

THE EVENT OF THE SEASON

ALL STAR SHOW

8—UNEQUALLED FEATURES—8

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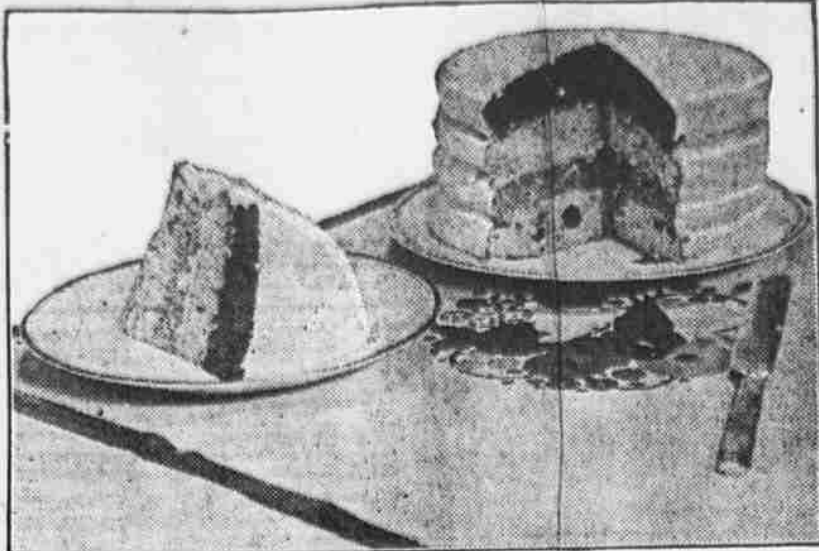


**Stop
this!**

At first signs of a cold or grip
take
JANE'S GOLD TABLETS
GUARANTEED

Advertising in The Dispatch Brings Results

LEARN TO SIMPLIFY FOOD PREPARATION BY USING BASIC OR STANDARD RECIPES



Ribbon Cake With Four Different Layers, Made by Varying Same Layers.

(Prepared by the United States Department of Agriculture.)

Recipes are guides for the cook just as paper patterns are guides for the dressmaker. The good dressmaker does not purchase a new pattern for each new garment that she makes but uses her plain sleeve, her plain waist, and her plain skirt patterns and alters them to meet individual requirements and current styles. So the homemaker should learn to simplify her food preparation by using a few basic or standard recipes, learning the general proportions of ingredients in them and the standard method of combining these ingredients and varying these recipes to meet her needs, rather than blindly following every new recipe appearing in cook book, magazine or newspaper. To analyze these new recipes, says the office of home economics, would be to find that almost all of them are variations of a few simple patterns or types, divided or multiplied, differently flavored, baked in a new form or otherwise changed in some detail.

Quick batters and doughs make up a large group of our common foods for which recipes are almost endless. Yet all are variations of the few types given in the table.

How to Mix the Ingredients (except for Pastry).—Mix sugar with shortening. Add egg (in some cakes only the yolk is added at this time—the separated white is folded in the batter at the last). Add liquid and sifted dry ingredients alternately.

The Way to Make Pastry.—Mix fat and flour thoroughly, then add water slowly. Mix and roll thin.

All of these basic recipes can be varied in a number of ways. Take the plain cake for example. By varying the flavoring, etc., one can have many recipes from the one-pattern recipe.

Variations With One Batter.

For Layer Cake.—Bake batter in layer cake tins. The various layers may be differently colored if desired. Put together with filling or frosting.

For Chocolate Cake.—Add one square chocolate (one ounce or one-fourth cupful) and one tablespoonful of flour than called for. Or white melting chocolate, make thick paste with two tablespoonfuls boiling water,

rooking it until thick and of about the same consistency as the cake batter. In the latter case the full amount of flour may be used.

Nut Cake.—Add one-half cupful finely chopped or coarsely ground nut meats. Decrease fat one tablespoonful.

Spice Cake.—Add one-half teaspoonful cinnamon and one-fourth teaspoonful cloves.

Very Dark Spice Cake.—Use brown sugar in place of white and one-half teaspoonful each of cinnamon, cloves and nutmeg.

Ribbon Cake.—Add to one-third the batter one-fourth teaspoonful each of cinnamon, cloves, nutmeg and one-fourth cupful raisins cut into small pieces. Bake dark batter as one layer and light as two. Put dark between with raisin filling. Or, divide batter as desired, pink, green, chocolate, etc., baking each portion separately and put together.

Silver or White Cake.—Use four whites in place of two whole eggs and add one-half tablespoonful butter.

Gold or Yellow Cake.—Use four yolks in place of two whole eggs.

Marble Cake.—Color about one-third of the batter by adding two tablespoonfuls molasses or one tablespoonful cocoa or one square chocolate. Put the plain mixture in the tin and into this drop, by the spoonful, the dark mixture. This makes a mottled light and dark marble effect.

Any of these may be baked in loaf, layer or muffin tins. The cake in the illustration was made by using double the plain cake recipe, dividing the batter into quarters, and varying the flavors. To the batter used for the bottom layer, one-fourth cupful of raisins and two tablespoonfuls of shredded citron were added. To the next portion, one-half teaspoonful of cinnamon, one-fourth teaspoonful of allspice and one-eighth teaspoonful of nutmeg were added. The third portion was left plain, while the fourth portion or the top layer had one-third square of melted chocolate added to it.

Many other common recipes can be grouped in the same way as these batters and doughs.

HERE ARE THE PATTERN RECIPES.

	Baking	Short-	Flavor-
	Flour, powder, liquidening	Sugar	Salt, Eggs, Ing.
Griddle cakes	2 cups 2 tsp. 2 cups	2 tsp. 1 tsp. 1 or 2	
Muffins	2 cups 4 tsp. 1 cup	1 tsp. 1 tsp. 1	
Muffins (richer)	2 cups 2 or 3 1/2 cup	2 or 4 1/2 cup 1 tsp. 1 or 2	
Doughnuts	2 cups 2 tsp. 1/2 cup	1/2 cup 1 tsp. 1	
Cookies	2 cups 2 tsp. 1/2 cup	1/2 cup 1 tsp. 1/2 or 1	
Tea biscuits	2 cups 2 tsp. 1/2 cup	1/2 cup 1 tsp. 1	
Baking p. biscuits	2 cups 4 tsp. 1/2 cup	1/2 cup 1 tsp. 1	
Pastry	2 cups 4 tsp. 1/2 cup	1/2 cup 1 tsp. 1	
Plain cake	1 1/2 cups 2 tsp. 1/2 cup	1/2 cup 1 tsp. 1	

GOOD HEALTH BASED ON WHOLESOME FOOD

Leisurely Eating, Cleanliness
and Order Not Sufficient.

Of Much Importance to Acquire Lik-
ing for Healthful Dishes and Eat-
ing Reasonable Amount—
Children Need Training.

(Prepared by the United States Department of Agriculture.)

Good food habits include more than leisurely eating, cleanliness and order in everything that has to do with food and meals. Equally important are a liking for all kinds of wholesome foods, even if they have not always been used in the home or neighborhood, and eating reasonable amounts, without being either greedy or over-eat. Every effort should be made to train children in such good food habits. If older people have not learned them, they, too, should try to do so, for such things are important not only to health but also to economy. To refuse to eat some wholesome dish simply because it is new may prevent the use of some very desirable and economical food. To feed that there is any virtue in providing more food than is needed shows poor taste as well as economy. The health and appearance of the family make a good test of the wholesomeness of the diet. If the members are strong, well developed for their ages, free from ailments, and full of energy and ambition, it may safely be said their food agrees with them. But if they are listless and ailing, or

She States It Mildly.

While suffering with a severe attack of the grip and threatened with pneumonia, Mrs. Annie H. Cooley, of Middlefield, Conn., began using Chamberlain's Cough Remedy and was very much benefited by its use. The pains in the chest soon disappeared, the cough became loose, expectation easy and in a short time she was as well as ever. Mrs. Cooley says she cannot speak too highly in praise of this remedy.

Try the Dispatch for that next order of Job work.

not as well developed either physically or mentally as they should be, and if a competent physician finds that there is no special disease to account for these bad symptoms, a mother may well ask herself if the food is right, and if not, how she can make it so.

In such cases she might, for instance, apply for information on food and diet to her state leader in agriculture and home economics and to the home-economics department of her state agricultural college.

HANDLING OF FOOD SUPPLIES

One of Most Important Duties of Housewife for the Protection of Family Health.

(Prepared by the United States Department of Agriculture.)

One of the most important duties of the housewife and the chief object of her care is the proper handling of the food supplies for the protection of the health and the furtherance of the efficiency of her family.

Household Questions

Mustard poultices will not blister if mixed with the white of an egg.

Mustard and water is a quick and easy emetic in case of poisoning.

A teaspoonful of salad oil will stop a throat tickling cough at night.

Vinegar and stale bread applied as a poultice nightly to a corn for a week will cure it.

AUCTIONEER

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Business Directory

L. W. COY, Notary Public, Canfield, O.
R. No. 2, Phone 6 on 25.

EDWIN R. ZIEGLER, Attorney at Law
209 Wick Building, Youngstown, Ohio.

HARRY L. BEARD, Attorney at Law,
303 Mahoning Bank Building, Youngstown, O.

HARRY A. ERNST, Attorney at Law
Hins Boick, 5 East Federal St., Youngstown, O.

JOHN B. MORGAN, Attorney at Law,
1103-1104 Mahoning Bank Bldg., Youngstown, Ohio.

C. C. Fowler, D. B. Fowler
NOTARIES PUBLIC, Canfield, Ohio. Tel-
ephones: Office, 45; Residence 123.

D. Campbell, Carl H. Campbell
Phone 43-1
CAMPBELL & SON, Physicians and Sur-
geons, Ohio and residence east side
of Broad street, Canfield, Ohio.

V. E. STEWART, Attorney and Coun-
selor at Law, Diamond Block, Youngs-
town, Ohio. Practices in all courts and
before all the departments in Wash-
ing., D. C.

LEGAL NOTICE.

Sealed proposals will be received at the office of the clerk of the village of Canfield, state of Ohio, until 12 o'clock noon, of March 30, 1920, for the purchase of bonds of the said village in the aggregate sum of \$10,000 dated the 1st day of October, 1920, payable in 10 years from date, each bond being in the sum of \$1,000 and bearing interest at the rate of 5 per cent. per annum, payable annually, issued for the purpose of paying Lisbon street and under authority of the laws of Ohio and of Sec. 3924 of the General Code of Ohio, and under and in accordance with a certain resolution of the said village entitled Improvement of Lisbon Street, passed on the 5th day of August, 1919.

Said bonds will be sold to the highest and best bidder for not less than par and accrued interest. All bids must state the number of bonds bid for and the gross amount of bid and accrued interest to date of delivery. All bids to be accompanied with a certified check, payable to the treasurer of the village for 10 per cent. of the amount of bonds bid for, upon condition that if the bid is accepted the bidder will receive and pay for such bonds as may be issued as above set forth, within ten days from the time of award, said checks to be retained by the village if said condition is not fulfilled.

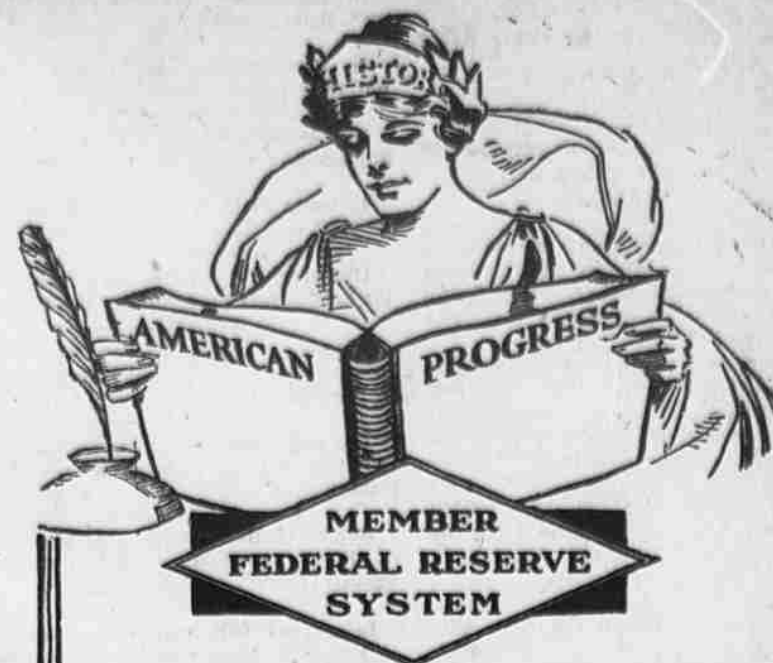
The village of Canfield reserves the right to reject any or all bids. Bids should be sealed and endorsed, "Bids for Lisbon Street Improvement Bonds."

J. R. SAUERWEIN, Clerk.
February 27, 1920. 47-5

CHARLES T. AGNEW

AUCTIONEER

Write or phone for dates before ad-
vertising. Residence, 716 Oak Hill
Ave., Youngstown, O. Auto phone 6177



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Truths == Facts == Profits

McKee-Beaver Oil & Gas Company

The company owns leases on 157 ACRES IN SEWICKLEY TWP., BEAVER COUNTY, PA., on which there are six producing wells and has room to drill 100 more wells. The present production is sufficient to pay more than eight per cent. on the entire capitalization of the company, and plans are now under way to drill NINE more wells at once, which will more than double the present earning power.

The company also owns a very valuable lease in the heart of McKeesport Gas Field, having sufficient room to drill four wells. This property adjoins the Olympia Park lease which sold for \$125,000 and is completely surrounded by producing wells.

Bear in mind that the wells that are now producing in McKeesport range from six to forty million feet per day, and should we get but One Million cubic feet per day, it means a return of approximately 50 per cent. to our stockholders.

The authorized capital of the company is \$125,000, all common stock, of a par value of \$25.00 per share. The permanent directors to be elected by the stockholders. This places the money back of the management, which consists mainly of Youngstown investors. Therefore, your investment will be guarded and guided and controlled by Youngstown men.

Write us today for further information. Investigation costs nothing but may prove to be very profitable to you later.

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Youngstown, Ohio

E. E. MASSINGHAM

Local Representative

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904 Home Sav. & Loan Bldg.,

Youngstown, Ohio.

Gentlemen:—

Please send me full particulars about McKee Beaver Oil & Gas Co.

MAD